

# SVMS Personal Bests

## 50 Freestyle

Cristina Cook	58.61	Anacortes, 2007
Sandy Smith	53.36	Anacortes, 2008
Barb Zimmerman	52.92	Anacortes, 2009
John Stockcamp	48.04 c	Multnomah Athletic Club, 2007
Sandi Speedy	47.08	Anacortes, 2009
Greta Perales	41.98	Anacortes, 2009
Heather Romano	41.52	Anacortes, 2009
Becky Wade	41.27 c	Bellevue, 2008
Marsha Hansen	40.39	Anacortes, 2007
Hi Bronson	37.34	Anacortes, 2007
Chris Hanson	35.41	Anacortes, 2008
Ron Hansen	35.09	PNA Championships, 2007
Kara Shafer	34.19	Anacortes, 2007
Jennifer Bohanon	32.32	PNA Championships, 2009
Clint Gayle	31.99	Anacortes, 2009
Adam Negrete	31.99 c	Tualatin Hills, 2006
Kirsten Young	31.91	BAMFEST, 2008
Shannon Singer	31.74	PNA Championships, 2005
Steve Wade	31.64	PNA Championships, 2007
Belinda Shuster	30.86 c	Victoria, 2009
Kerry Ness	30.70	Nationals, Federal Way, 2007
Deana Strom	30.02	PNA Championships, 2009
Eric Johnson	29.33 c	UBC Vancouver, 2008
Allie Thomas	27.23	Anacortes, 2009
Jim Gross	26.75 c	Bellevue, 2007
Alex Shafer	25.77	PNA Championships, 2007
Scott Elliott	25.77	Anacortes, 2007
Jim Kendrick	25.54	Nationals, Federal Way, 2007
Mario Delnagro	25.26 c	Bellevue, 2007

## 100 Freestyle

Sandy Smith	2:05.75	PNA/Zone Championships, 2008
Barb Zimmerman	1:57.26	Anacortes, 2009
John Stockcamp	1:56.14 c	Multnomah Athletic Club, 2007
Sandi Speedy	1:48.58	Anacortes, 2009
Becky Wade	1:35.75 c	Bellevue, 2008
Greta Perales	1:35.21	Anacortes, 2009
Hi Bronson	1:29.85	PNA/Zone Championships, 2008
John Yaeger	1:26.41	Anacortes, 2009
Chris Hanson	1:21.90	Anacortes, 2008
Ron Hansen	1:21.88 c	Victoria, 2009
Kara Shafer	1:18.92	Anacortes, 2007
Jennifer Bohannon	1:16.56	Anacortes, 2009
Kerry Ness	1:14.73 c	Victoria, 2008
Clint Gayle	1:14.53	Anacortes, 2009
Shannon Singer	1:12.99 c	Freestyle Pentathlon, 2005
Adam Negrete	1:12.71 c	Tualatin Hills, 2006
Steve Wade	1:10.05	PNA Championships, 2007
Belinda Shuster	1:09.63	PNA Championships, 2009
Eric Johnson	1:07.63 c	UBC Vancouver, 2008
Deana Strom	1:06.90	PNA Championships, 2009
Allie Thomas	1:01.40	Anacortes, 2009
Jim Gross	1:00.11 c	Bellevue, 2007
Alex Shafer	58.77	Nationals, Federal Way, 2007
Troy Husband	58.57	Anacortes, 2007
Scott Elliott	57.85	Anacortes, 2007
Jim Kendrick	57.65	PNA Championships, 2007
Mario Delnagro	56.42	BAMFEST, 2008

## **200 Freestyle**

Sandy Smith	4:54.50	Anacortes, 2008
John Stockcamp	4:40.44	Anacortes, 2008
Barb Zimmerman	4:18.81	Anacortes, 2009
Sandi Speedy	3:58.29	PNA Championships, 2009
Peggie Hodge	3:40.49	Anacortes, 2008
Heather Romano	3:25.89	Anacortes, 2009
Greta Perales	3:21.58	Anacortes, 2009
Chris Hanson	3:21.21	Anacortes, 2008
Becky Wade	3:19.04	Anacortes, 2009
John Yaeger	3:07.31	Anacortes, 2007
Clint Gayle	3:07.13	Anacortes, 2009
Jennifer Bohannon	3:02.90	Anacortes, 2009
Adam Negrete	2:51.23	Anacortes, 2008
Ron Hansen	2:51.24	BAMFEST, 2008
Belinda Shuster	2:46.41	PNA Championships, 2009
Shannon Singer	2:45.04 c	Freestyle Pentathlon, 2005
Steve Wade	2:35.47	Anacortes, 2009
Deana Strom	2:32.02	PNA Championships, 2009
Andy Cline	2:25.26	Anacortes, 2009
Jim Kendrick	2:18.18	Anacortes, 2007
Jim Gross	2:16.55 c	Bellevue, 2007