

# Oak Harbor SCM - 11/21/10

**Red = Best time in current age division, (parenthesis) = yard conversion**  
**Underline = Nationals Qualifying Time**

## 50 Free

Angeline	44.60	(39.96)
Mike	40.65	(36.42)
Kerry	36.33	(32.55)
Peggy	36.25	(32.48)
Melissa	35.45	(31.76)
Jennifer	35.12	(31.46)
Jon	33.57	(30.07)
<u>Barbara</u>	<u>30.38</u>	<u>(27.22)</u>
<u>Jim K.</u>	<u>29.27</u>	<u>(26.22)</u>

## Best Freestyle Relay Splits

Mike	39.16	(35.08)
Kerry	36.33	(32.55) **
Belinda	36.18	(32.41)
Jennifer	34.96	(31.32)
Melissa	34.55	(30.95)
Jon	32.32	(28.95)
Deana	32.11	(28.77)
Barbara	30.66	(27.47)
Jim	29.84	(26.73)

\*\* 1st leg, not a split

## 50 Back

Angeline	58.40	(52.32) Relay
Mike	52.83	(47.33)
Ron	49.27	(44.14)
Shannon	44.63	(39.98) Relay
Jon	42.05	(37.67) Relay

## 100 Back

Ron	1:48.86	(1:37.53)
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## 200 Back

Shannon	3:33.66	(3:11.43)
Barbara	3:06.18	(2:46.81)

## 50 Breast

Angeline	57.47	(51.49)
Kristen	50.66	(45.39)
Ron	48.41	(43.37)
Peggy	46.31	(41.49)
Jennifer	45.37	(40.65)
Kerry	43.84	(39.28)
Jon	39.70	(35.57)

## 100 Breast

Peggy	1:50.12	(1:38.66)
Barbara	1:40.70	(1:30.22)
Kerry	1:39.77	(1:29.39)
Jon	1:31.87	(1:22.31)

## 50 Fly

Belinda	38.26	(34.28)
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## 200 Breast

Kristen	3:59.63	(3:34.70)
Jon	3:27.89	(3:06.26)

## 1500m/1650yd Free

Ron	27:24.29	(27:29.67)
Shannon	25:37.53	(25:42.11)

## 100 Free

Mike	1:35.27	(1:25.36)
Kristen	1:34.82	(1:24.95)
Peggy	1:25.57	(1:16.67)
Belinda	1:19.62	(1:11.33)
Melissa	1:19.51	(1:11.24)
Deana	1:12.06	(1:04.56)
Barbara	1:10.87	(1:03.49)
<u>Jim K.</u>	<u>1:05.77</u>	<u>(58.92)</u>

## 200 Free

Mike	4:06.03	(3:40.71)
Kristen	3:34.30	(3:12.01)
Ron	3:19.95	(2:59.15)
Jennifer	3:05.24	(2:45.97)
Melissa	3:04.76	(2:45.54)
Shannon	2:59.06	(2:40.43)
Deana	2:42.62	(2:25.70)
Jim K.	2:37.57	(2:21.18)

## 400m/500yd Free

Mike	8:59.98	(10:17.19)
Kristen	7:31.20	(8:35.72)
Ron	6:45.68	(7:43.69)
Belinda	6:25.17	(7:20.24)
Melissa	6:24.67	(7:19.67)
Shannon	6:12.56	(7:05.83)
Deana	5:44.99	(6:34.32)
Jim	5:41.49	(6:30.32)

## Best Medley Relay Splits

BK:	Angeline	58.40	(52.32) **
	Ron	49.27	(44.14) **
	Shannon	44.63	(39.98) **
	Jon	42.05	(37.67) **

BR:	Kristen	50.60	(45.33)
	Peggy	46.43	(41.60)
	Jennifer	44.78	(40.12)
	Jon	44.52	(39.88)

Fly:	Angeline	????	
	Belinda	39.53	(35.43)
	Barbara	37.81	(33.87)
	Deana	37.33	(33.44)
	Kerry	36.74	(32.91)

\*\* 1st leg, not a split



## 100 IM

Angeline	2:06.55	(1:53.38)
Shannon	1:37.44	(1:27.30)
Belinda	1:35.79	(1:25.82)
Kerry	1:33.46	(1:23.74)

## 200 IM

Barbara	3:02.40	(2:43.43)
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