

2009 Lake Padden Triathlon

½ mile swim, 21 mile bike, 5.2 mile run



Jim



Mason



Amy



Michelle



Kendall



Chris, John, Michelle, Amy



John



Chris



Steve



Jo

	<u>Swim</u>	<u>T1</u>	<u>Bike</u>	<u>T2</u>	<u>Run</u>	<u>Overall Time</u>	<u>Place (out of 262)</u>
Kendall	10:07	1:11	54:46	:46	32:41	1:39:28	4 th
Steve	11:42	1:16	57:50	1:00	35:31	1:47:16	16 th
Jim	9:44	1:43	1:01:18	:50	37:32	1:51:04	20 th
Chris	13:39	1:55	1:02:54	1:07	39:11	1:58:36	49 th
Mason	12:48	1:48	1:11:04	:58	40:57	2:07:33	97 th
Amy	15:17	2:06	1:10:41	1:05	41:25	2:10:31	112 th
Michelle	16:10	2:17	1:14:06	:55	41:55	2:15:20	140 th
John	13:59	2:01	1:15:43	1:23	48:07	2:21:10	168 th
**Jo	14:12	4:19	1:24:47	1:53	1:01:50	2:46:58	244 th **

**Jo was keeping her Team In Training teammates company. These times don't really reflect her true ability.