

English Bay SCM meet at UBC, Vancouver

Sunday, 2/15/09

Yellow highlight = Personal best

	SCM Time	SCY conversion	Place in Age Div.
<u>Ron:</u>			
400m Free.....	6:24.20	7:19.14 (500 yds).....	2 nd
1500m Free.....	26:00.60	26:05.18 (1650 yds).....	2 nd
100m Back.....	1:50.41	1:38.92	2 nd
100m Breast.....	1:51.36	1:39.77	3 rd

Kerry

50m Free.....	34.96	31.32	4 th
100m Breast.....	1:34.98	1:25.10	3 rd
200m Breast.....	3:34.89	3:12.54	2 nd
100m IM.....	1:30.19	1:20.81	4 th

Shannon

800m Free.....	13:45.84	15:43.93 (1000 yds).....	1 st
50m Back.....	45.55	40.81	2 nd
100m Back.....	1:39.67	1:29.30	1 st
200m Breast.....	4:01.66	3:36.52	1 st