



Pacific Northwest Association of Masters Swimmers

You may fill out the paper form below and mail it with a check or register online with a credit card at <https://www.clubassistant.com/club/USMS.cfm?L=36> or through the link for online registration at www.swimpna.org and follow the instructions.

2010 Membership Application

New Swimmer Returning USMS Swimmer
(Permanent ID if available _____)

Name: _____ Birth date: _____
Last First Initial Month Day Year

Address: _____ Age: _____ Male Female (circle one)
Street or box number

City State Zip+4 E-Mail: _____

Home Phone (____) _____ Cell Phone (____) _____ Work Phone (____) _____

CLUB Affiliation Pacific NW Aquatics (PNA) or Unattached to a Club

TEAM Affiliation _____ see team list on next page

New Membership 09/01/2010 – 12/31/2010

(*If you membership number starts with 360 you are already registered through 12/31/2010)

A. Regular end of year:	\$27	
<i>Optional Donations:</i>		
USMS Endowment Fund		\$
International Swimmers Hall of Fame		\$
TOTAL		\$

U.S. Masters Swimming Endowment Fund
Just \$1 from each of us has the potential to add \$50,000 annually to further adult swimming opportunities, sports, medicine research, education and outreach through grants.
www.usms.org/admin/lmschb/lmsc_hb_endowment.pdf

International Swimming Hall of Fame Fund
ISHOF promotes the benefits and importance of swimming as a key to fitness, good health, quality of life, and the water safety of children through operation of the International Swimming Hall of Fame, a dynamic shrine dedicated to the history, memory, and recognition of famous swimmers. <http://www.ishof.org>

Please consider making a tax-deductible donation to one or both of these funds.

Make check payable to: PNA

Questions: (206) 849-1387 or pnaRegistrar@usms.org

Mail check & form to: Arni Litt, Registrar
PO Box 12172
Seattle, WA 98102-0172

A link to the PNA newsletter, *The WetSet*, will be sent by email 10 times/year, unless you check here to have *The WetSet* sent by U.S. Postal Mail.
PNA is seeking volunteers to help with meets, clinics and committees. Check here to volunteer and someone will contact you about where you could make a difference."

2010 Annual Fee: Of your membership fee \$22 is sent to USMS and \$5 remains with PNA to support our programs. \$8 of the USMS portion is designated for the national publication Swimmer Magazine. (There is no discount for those not wishing to receive the national publication.)

WAIVER: I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all the risks inherent in Masters Swimming (training and competition), including possible permanent disability or death, and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES, INCLUDING ALL CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: UNITED STATES MASTERS SWIMMING, INC., THE LOCAL MASTERS SWIMMING COMMITTEES, THE CLUBS, THE HOST FACILITIES, MEET SPONSORS, MEET COMMITTEES, OR ANY INDIVIDUALS OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITIES. In addition, I agree to abide by and be governed by the rules of USMS.

➔ **Signature** _____ **Date** _____

Use of Image/Likeness: I grant permission to U.S. Masters Swimming and its affiliates to use my likeness and/or image in photographs, video, motion pictures, recordings, or any other record for legitimate purpose.
The United States Masters Swimming Policy on the privacy of member information is at: www.usms.org/admin/privacy.shtml



Information page

Remember to check out your LMSC website at www.swimpna.org and the U.S. Masters Swimming website at www.usms.org for information, updates, and changes.

The WetSet Newsletter

10 times a year, you will receive an email link to The WetSet. All the newsletters are located at http://www.swimpna.org/wet_set.htm and you can go there to read back issues anytime. If you have NO EMAIL or cannot easily access the online version, we will send you a paper copy. Be sure to check the box on the registration form.

What does your Membership number represent?

The format of your ID is AABC-DDDDD. AA=Club number =36=PNA; B=0=2010, C=a computer generated authentication number/letter, and DDDDD=your personal 5 digit permanent ID number. Membership numbers never contain the letters O, I, L, or Q; letters that look like that are always the numbers zero or one.

Hierarchy:

USMS United States Masters Swimming

Zone Northwest Zone

LMSC Local Masters Swim Committee = **PNA** (Pacific Northwest Association of Master Swimmers)

Club PNA (Pacific Northwest Aquatics) or Unattached to a Club

Team or Workout Groups (see below)

There is no additional fee to be part of Club PNA. At this time all members of Teams or Workout groups are part of Club PNA. You can be a member of the Club and be Unattached to a Team.

If you lose your membership card, you can print a new one at

<https://www.usms.org/reg>

TEAMS or Workout Groups

AQUA: Aquatic Fanatics	LWM: Lake Washington Masters	SVMS: Skagit Valley Masters Swimming
BAM: Bainbridge Aquatic Masters	LWS: Lynnwood Sharks (temp. pool closure)	SVY: Skagit Valley YMCA Masters
BADD: Bellevue Aquatic Divas & Dudes	MSVL: Marysville YMCA Masters	SSTM: South Sound Titans Masters
BC: Bellevue Club	MICC: Mercer Island Country Club	SWIM: South Whidbey Island Masters
BMSC: Bellingham Masters Swim Club	MIR: Mercer Island Redwoods	SSMS: South Sound Masters Swim
BTAC: Bremerton Tennis & Athletic Club	MAMS: Middle Aged Marlins	SSRM: Swim Seattle Redhawk Masters
CAAT: Central Area Aquatics Team	FOIL: Milfoil Masters Swimmers	TACY: Tacoma Pierce County YMCA
CAC: Columbia Athletic Masters (All)	MYM: Monroe YMCA Masters	TSC: Tacoma Swim Club
DBST: Downtown / Bellevue Swim Team	NHM: Newport Hills Masters	TACM: Thunderbird Aquatic Masters
EMS: Everett Masters Swimmers	NEO: North End Otters	TIG: Tigers
ESC: Evergreen Swim Club Masters	NSYG: Northshore Y's Guys	TOSC: Thurston Olympians Swim Club
FAST: Foothills Aquatics Swim Team	NWM: North Whidbey Masters	UNAT: Unattached to a Team
FWM: Federal Way Master	OAC: Olympic Aquatic Club	UPAC: University Place Aquatic Club
FSJ: Fins of the San Juans	OOPS: Old Olympic Peninsula Swimmers	VFC: Valley Fitness Center
FTS: Ft. Steilacoom	ORCA: Orca Swim Club	VAC: Vashon Aquatic Club
GHY: Gig Harbor YMCA	OST: Ohana Swim Team	VAVI: Vashon Vikings
GCMS: Gold Creek Masters (GCM)	PAC: Poseidon Aquatic Club	WAC: Washington Athletic Club
GAM: Gold's Aquatics Masters	PPST: Poulsbo Piranhas Swim Team	WAVE: WAVE
GEM: Gold's Eastside Masters	PSC: Phinney Ridge Swim Club	WEST: West Coast Aquatics Masters
GLAD: Green Lake Aqua Ducks	PTMS: Port Townsend Master Swimmers	WSAS: West Seattle All-Stars
HMST: Husky Masters	PRO: Pro Sports Club	WSYD: West Seattle YMCA Dolphins
IST: Issaquah Swim Team	QASC: Queen Anne Swim Club	WWW: Western WA U Masters Swimming
LLUA: Little Lebowski Urban Achievers	RAH: Redmond Aqua Hotshots	WCY: Whatcom County YMCA
LOGS: Logger Masters	SAMM: Samena Masters	YNOT: Y Nauts
LUNA: Team Luna	SAC: Seattle Athletic Club	